

Colonoscopy Instructions

- Please read all instructions at least 7 days before your procedure. A safe and complete exam depends on following these instructions carefully.

- You must arrange for someone to drive you home after your procedure. Due to the sedation, taking a taxi, bus, or Uber is not allowed, unless accompanied by a responsible adult.
- Please bring a photo ID and your insurance card to the facility. Do not wear perfume or bring jewelry.

WHEN

Date _____

Arrival time _____ Start time _____ Pick-up time (approx.) _____

- Note: the person who drives you does not need to stay at the facility but must be available to pick you up within 30 minutes of being called.

MEDICATIONS

1. If you take blood thinners (e.g. Coumadin, aggrenox, plavix, taclid), please notify your physician at the time of scheduling, so they can give you specific instructions about how and when to stop taking these medications.
2. Stop taking aspirin 7 days before the procedure (even if you take just an 81-mg "baby" aspirin), unless otherwise advised by your doctor. NSAIDs (anti-inflammatory medication such as Advil, Aleve, Motrin and others) should be stopped 3 days before the procedure. Tylenol (acetaminophen) can be continued.
3. If you take MAO-inhibitors (e.g. nardil or parnate) or the diet pill phentermine, please consult your doctor for instructions. You may need to be off these medications for at least 2 weeks before your procedure.
4. Iron supplements and narcotics should be stopped 2 days before the exam.
5. Vitamin E, ginkgo, and fish oil should be stopped 7 days before the exam.
6. Diabetes medication (both insulin and oral) please ask your doctor for instructions about how to take these medications both on the day of the procedure and the day before the procedure (the "prep" day).

CONTINUE All other routine medications, including heart and blood pressure medications, should be continued.

DIET Avoid eating anything with seeds (sesame, poppy, etc.) for 2 days before the test.

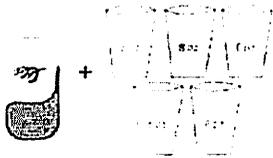
REMEMBER For your own safety, please make sure we know every medication that you currently take-or have taken recently-both prescription and non-Rx drugs and supplements.

FINALLY YOU WILL BE SEDATED FOR THE PROCEDURE AND WILL NOT BE ABLE TO DRIVE UNTIL THE NEXT MORNING, IF ANYTHING IS UNCLEAR, PLEASE ASK!

Split-Dose Administration

Evening Before

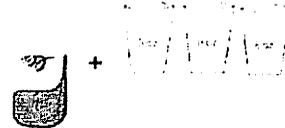
Between 5-9 PM



Drink 40 oz (5 cups) of clear liquids.*
Finish liquids over the next 5 hours.

Morning of

5 hours before procedure



Drink at least 24 oz (3 cups) of clear liquids.
Finish liquids 2 hours before your colonoscopy
or as advised by your doctor.

*After your first dose, if severe bloating, swelling, or stomach pain occurs, delay the second dose until the symptoms resolve.

Step-By-Step Split-Dose Administration

Dose 1 - On the day before the colonoscopy:

- Instruct patients to consume only clear liquids (no solid food or dairy) on the day before the colonoscopy up until 2 hours before the time of the colonoscopy.
- Take the first dose (1 bottle) of CLENPIQ during the evening before the colonoscopy (eg, 5:00 to 9:00 PM).
- Follow CLENPIQ by drinking five 8-ounce cups (cup provided) of clear liquids (40 ounces total) within 5 hours and before bed.
- If severe bloating, distention, or abdominal pain occurs following the first dose, delay the second dose until the symptoms resolve.

To open the CLENPIQ bottle



Place the bottle on a flat surface. Push down on the cap while twisting to the left (counterclockwise). Twist the cap until you see the white plastic ring under the cap is broken.

Dose 2 - Next morning on the day of the colonoscopy (start approximately 5 hours prior to colonoscopy):

- Continue to consume only clear liquids (no solid food or dairy).
- Take the second dose (the second bottle) of CLENPIQ.
- Following the CLENPIQ dose, drink at least three 8-ounce cups (cup provided) of clear liquids (24 ounces) at least 2 hours before the colonoscopy.

IMPORTANT SAFETY INFORMATION (CONTINUED)

- CLENPIQ and other bowel preparations can cause serious side effects, including serious loss of body fluid (dehydration) and changes in blood salts (electrolytes) in your blood. These changes can cause abnormal heartbeats that may result in death, seizures (this can happen even if you have never had a seizure), or kidney problems. Your chance of having fluid loss and changes in blood salts with CLENPIQ is higher if you have heart problems, have kidney problems, or take water pills or non-steroidal anti-inflammatory drugs (NSAIDS).
- Your healthcare provider may do blood tests after you take CLENPIQ to check your blood for changes. Tell your healthcare provider right away if you have any of these symptoms resulting from a loss of too much body fluid (dehydration): vomiting, nausea, bloating, dizziness, stomach-area (abdomen) cramping, urinating less often than normal, trouble drinking clear liquids, troubles swallowing, seizures, or heart problems.
- CLENPIQ can cause ulcers of the bowel or bowel problems (ischemic colitis). Tell your healthcare provider right away if you have severe stomach-area (abdomen) pain or rectal bleeding.
- The most common side effects of CLENPIQ include nausea, headache, and vomiting. These are not all the possible side effects of CLENPIQ. Ask your doctor or pharmacist for more information.

You are encouraged to report negative side effects of prescription drugs to the FDA. Visit www.fda.gov/medwatch, or call 1-800-FDA-1088.

Please see accompanying full Prescribing Information, including Medication Guide.

References:

1. CLENPIQ™ [Prescribing Information]. Parsippany, NJ: Ferring Pharmaceuticals Inc.
2. SUPREP® Bowel Prep Kit [Prescribing Information]. Braintree, MA: Braintree Laboratories, Inc.
3. PLENUVU® [Prescribing Information]. Bridgewater, NJ: Salix Pharmaceuticals.
4. MoviPrep® [Prescribing Information]. Bridgewater, NJ: Salix Pharmaceuticals.
5. GaviLyte™-G [Prescribing Information]. Somerset, NJ: GAVIS Pharmaceuticals, LLC.
6. GoLYTELY® [Prescribing Information]. Braintree, MA: Braintree Laboratories, Inc.



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CLEN/816/2018/US(1)



CLENPIQ™

(sodium picosulfate, magnesium oxide,
and anhydrous citric acid) Oral Solution

10 mg/3.5 g/12 g per 160 mL bottle

24 Hours before procedure

CLEAR LIQUID DIET

Breakfast

Apple juice
Clear broth (bullion)
Non-red jello (ex: Yellow)
Gingerale, 7-up
Coffee, sugar

LUNCH

Clear broth (bullion)
Fruit ice (popsicles) (no red)
Tea, sugar
Coffee, sugar

DINNER

Apple juice
Clear broth
Non-red jello
Tea, sugar
Coffee, sugar

SNACKS

7-UP, Gingerale, Pop
White grape juice
Non-red jello
Hard candies (no red)
Non-red popsicles

NOT ALLOWED

Coffeemate
Cremora
Mocha mix

**NO MILK OR MILK RELATED PRODUCTS.
NO RED DYE (NON - RED JELLO OR
POPSICLES OR JUICES)**